

1) DESCRIPTION OF THE TOOL

BE-DO-HAVE is a future design tool. It is a tool that helps us to plan our short, medium and long term objectives. With the focus on those objectives, the most recurrent emotion to approach them is exposed.

2) OBJECTIVES OF THE TOOL

The three main objectives of the tool are to:

- Describe who you want to become (the qualities and virtues that you want to have);
- Determine the path (actions) that will lead you to who you want to be;
- Reflect on what you need and/or want to have, in order to do what is necessary, and, finally, be who you want to be

3) CONNECTION OF THE TOOL WITH THE SKILL

When you already have the answers of the BEING in your hand, it is much easier to DO. The next step is to focus on the DO, to keep the energy in that which makes you BE. If you are able to maintain your energy in the DO, the HAVING will come alone.

4) RESOURCE MATERIALS

Use the attached form (last page).

5) HOW TO APPLY THE SKILL

We must begin with the BEING (or even by NOT BEING, in other words, draw a strategy to escape from what we are now and we do not like), then the DO and later we WILL HAVE.

Example: If you want to reach a management position in your workplace, you must first work on your being:

- How does a manager think?
- What books can I read that will help me think like that?
- How do he/she dress?
- How does it act?

All of these are questions focused on the BEING.

6) WHAT TO LEARN

This tool helps you to establish well-defined action plans to achieve the objectives you want.

In what person do you have to become TODAY to start your journey to fight for your dreams? What commitments do you have to make consistently to achieve your dreams? When you start?



1. Write at least three plans in each of the sections.

	BE	DO	HAVE
IN A MONTH			
IN ONE YEAR			
IN FIVE YEARS			